

hidden *creating pathways* VOICES

June 3, 2020

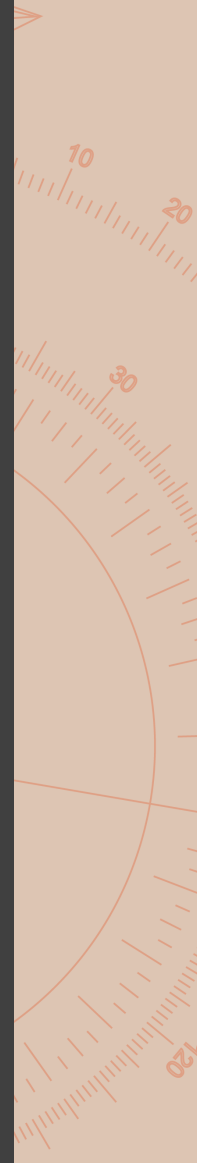


Dear Friends,

Sometimes a great reckoning requires great upheaval. The extraordinary space created by the new coronavirus has allowed us to collectively feel the pain on which our country was founded, perhaps for the first time. I cannot recall in my lifetime such solidarity of purpose drawing together so many communities and peoples. I cannot remember a more hopeful moment for our country, a moment in which we finally have a real opportunity to address and remediate the hierarchy of human value on which this country was based.

It's about damn time.

I am particularly moved by the images and videos of police and administrators joining the protests, holding signs saying "Stop Police Brutality!" While we're at it, let's consider what it would mean to stop all brutality. Let us take a moment to BREATHE, those of us who can, and to ponder any ways in our



own life in which we are brutal to each other, to ourselves, and to the planet. Let us pledge to let those old ways go. Let us address our own violence even as we change the systems that have supported that violence.

Change will happen, whether we resist it or not. Best to open our hearts to the unfolding moment and recognize life's generosity in bringing us the gifts we most need.

May all beings be free, happy, and at peace.

-Lynden Harris, Founder and Director of Hidden Voices



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